

PUBLIC

Kilwinning Rangers Football Club – First Aid and Medical Risk Assessment (Updated April 2026)

KILWINNING RANGERS FOOTBALL CLUB

BUFFS PARK
PENNYBURN ROAD
KILWINNING



First Aid and Medical Risk Assessment (Reviewed and updated April 2026)

Originally created: 2022

Document status: Live / Reviewed Annually

Club Details

- Club: Kilwinning Rangers Football Club
- Ground: Buffs Park
- Assessment Type: First Aid & Medical Risk Assessment (Matchdays & Training)
- Scope: Players, match officials, staff, volunteers, spectators
- Licensing Standard: Scottish FA Club Licensing – Entry Level

1. Purpose of Assessment

This document sets out the arrangements, hazards, control measures and responsibilities for the provision of medical care and first aid at Kilwinning Rangers FC.

It demonstrates compliance with:

- Scottish FA Club Licensing Manual 2026
- Health and Safety at Work etc. Act 1974
- The Guide to Safety at Sports Grounds (Green Guide) – Section 18

This Risk Assessment should be read in conjunction with the club's Medical Plan.

2. Competency & Medical Provision

- A qualified First Aider / Sports Therapist / Physiotherapist will be in attendance at all first team matchdays and designated training sessions.
- Minimum two trained first aid personnel present on matchdays to ensure pitch incidents do not detract from spectator care.
- All medical personnel hold appropriate, in-date qualifications, including Sports First Aid.
- Emergency services contacted via 999 when required.
- Nearest Accident & Emergency Hospital:
- University Hospital Crosshouse, Kilmarnock

3. Facilities Overview

3.1 Player Medical & First Aid Facilities (Section 5.10)

- Dedicated Medical Room located close to dressing rooms and field of play
- Space suitable for:
 - Medical couch
 - Stretchers / wheelchairs

- Includes:
 - Hot and cold running water
 - Lighting and heating
 - Handwashing facilities
- Alternative private room available if required
- Access controlled to protect player welfare and confidentiality

3.2 Spectator First Aid Facilities (Section 5.14)

- Designated Spectator First Aid Room
- Accessible without passing through player changing areas
- Equipped with:
 - Examination couch
 - First aid supplies
 - Drinking water
 - Communication (radio/mobile phone)
- Clearly signposted throughout the ground
- AED available within the ground and accessible for spectator emergencies

4. Risk Assessment Table

Activity / Area	Hazard Identified	Persons at Risk	Control Measures in Place	Risk Rating	Further Action Required
Use of Medical Room	Lack of privacy or access	Players / Officials	Dedicated medical room, controlled access, alternative room available	Low	None
Player Treatment	Injury requiring assessment	Players	Qualified medical staff, medical couch, equipment available	Medium	None
Spectator Emergency	Collapse, illness, injury	Spectators	Trained first aiders, AED, call to emergency services	Low–Medium	None
Defibrillator Use	Incorrect/non-trained use	All persons	AEDs with voice prompts, accessible locations, trained staff	Low	Refresher awareness annually
On-field Injury	Fracture, head or spinal injury	Players	Pitchside assessment, stretcher use by trained staff, referee control	Medium	None
Off-field Injury	Slips, trips, falls	Spectators	First aid response, area secured, escalation to emergency services	Low	None
Opposition Medical Cover	Visiting team lacking medical staff	Visiting players	Home club medical staff assume control pitchside	Low–Medium	Pre-match check with opposition

5. Equipment & Resources

- Fully stocked First Aid Kit
- Medical Kit Bag under control of qualified staff
- Automated External Defibrillators (AEDs):
 - Reception area
 - Pitch-side (matchday control)
- Stretcher: Located at reception
- Oxygen and trauma supplies available through medical staff

All equipment is:

- Checked regularly
- Replenished immediately after use
- Logged by the nominated person in command

6. Emergency Procedures

Medical Emergency (Players or Spectators):

1. First aider assumes control
2. Scene made safe
3. Casualty stabilised
4. Emergency services contacted (999) if required
5. Access routes maintained
6. Incident recorded post-event

Match Control:

- Referee and match officials retain authority to stop play
- Medical staff advise when safe to resume

7. Responsibilities

- Matchday Medical Lead: Appointed First Aider / Therapist
- Defibrillator Oversight: Person in command on matchday
- Equipment Checks: Medical staff
- Incident Reporting: Club representative

8. Monitoring & Review

- This Risk Assessment is reviewed annually
- Reviewed sooner if:
 - Facilities change
 - Serious incident occurs
 - Licensing requirements are updated

9. Declaration & Review Record

Risk Assessment Originally Carried Out By:

David McCallum – Sports Therapist / First Aider Original Date: 23 July 2021

Review History

- Reviewed – January 2022 – David McCallum (Physio)
- Reviewed – January 2023 – Chloe Aitken (Physio)
- Reviewed – January 2024 – Chloe Aitken (Physio)
- Reviewed – January 2025 – Chloe Aitken (Physio)
- Reviewed – January 2026 – Louise Downie (Physio)
- Reviewed – April 2026 – David McCallum (Physio)

This document is subject to mandatory annual review.

(To be reviewed and published annually).

- Reviewed January 2023 – Jack Conway, Club Licencing Officer
- Reviewed January 2024 – Alan McAlpine, Club Licencing Officer
- Reviewed January 2025 – Alan McAlpine, Club Licencing Officer
- Reviewed and updated January 2026 – Alan McAlpine, Club Licencing Officer